




Personal Information	
First Name: Sudابه	
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Marital Status: Married	
Date of Birth: February 11 th, 1991	
Current Position: Instructor	
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Education	
- B. A of Nursing – Jiroft University of Medical Science, Date : January 20 th, 2014	

- **M. A in Internal – Surgical Nursing – Zabol University of Medical Science ,**
Date :October 5th, 2016
- **M. A Student of Medical Education – Virtual Medical University**

Research Interests

- 1.Cancer**
- 2.Control Infection**
- 3. Education**
- 4.Nursing Care**

Theses (Supervised/Advised)

- **Effectiveness of Teach-Back Self-Management Training Program on Happiness and uncertainty feeling of Breast Cancer Patients**

Books

Journal Papers

In English (from the most recent)

- 1.The frequency, causes and prevention of needlestick injuries in nurses of nurses of kerman : A cross section study. 2015 (The Third Person)**

- 2. Effect of heparin on coagulation tests : A comparison of continuous and bolus infusion in haemodialysis patients. 2016 [\(The Second Person\)](#)**
- 3. Knowledge, Attitude and Performance of nurses toward hand hygiene in hospital. 2016 [\(The Fourth Person\)](#)**
- 4. An Evaluation of happiness and factors affecting it in patients diagnosed with breast cancer. 2016 [\(The First Person\)](#)**
- 5. The effect of a self – care training program based on orem model on anxiety in patients with multiple sclerosis (MS). 2016 [\(The Fourth Person\)](#)**
- 6. Barriers to patient education from the viewpoint of nurses in emergency department in the hospitals affiliated with university of medical sciences in 2015. 2016 [\(The Fifth Person\)](#)**
- 7. The effect of a self – care instructional program based on orem model on the stress of multiple sclerosis patients. 2016 [\(The Fourth Person\)](#)**
- 8. Effectiveness of teach – back self – management training program on happiness of breast cancer patients. 2016 [\(The First Person\)](#)**
- 9. Examining the health – promoting lifestyle and its related factors among the nursing students of jiroft university of medical sciences. 2016 [\(The Fourth Person\)](#)**
- 10. Examining the quality of prenatal care received by women attending health centers of jiroft during 2015. 2016 [\(The Fourth Person\)](#)**
- 11. Knowledge, Attitude and practice of nurses from hospital infection control in iran. 2017 [\(The First Person\)](#)**

- 12. A review on Anti cancer plants in Traditional Medical Iran. 2017 (The First Person)**
- 13. Attitude and Practice regarding breast cancer early detection among Iranian Women : A Systematic review 2017 (The Fifth Person)**
- 14. Knowledge, attitude, and practice of nurses concerning hospital-acquired infection (HAI) control in Iran: A literature review 2018 (The Third Person)**
- 15. Barriers non perform an pap smear test in women 2018 (The Third Person)**
- 16. Assessment of the Level of Uncertainty and the Factors Affecting it in Iranian Patients with Breast Cancer 2018 (The Fifth Person)**
- 17. Women’s Perception of Barriers to Breast Self-examination(BSE) 2018 (The Third Person)**
- 18. Effect of aromatherapy interventions on hemodialysis complications: A systematic review 2018 (The Second Person)**
- 19. Effect of foot reflexology and slow stroke back massage on the severity of fatigue in patients undergoing hemodialysis: A Semi- experimental study. 2018 (The First Person)**
- 20. Knowledge and Source of Information About Early Detection techniques of Breast Cancer Among Women in Iran: A Systematic Review 2018 (The Third Person)**
- 21. Investigating Individual Factors Related to Readmission of Patients with Type 2 Diabetes- A Cross – Sectional Study 2018 (The Fifth Person)**

- 22. An Investigation in to the Impact of Orem's Self – Care Program on Life Satisfaction in Hemodialysis Patients 2019 (The Fourth Person)**
- 23. The Effect of Self – Management Education by the Teach – Back Method on Uncertainty of Patients with Breast Cancer: A Quasi – Experimental Study 2019 (The First Person)**
- 24. Global Prevalence and Causes of non – Reported Needle Stick Injuries among Health Care Workers:A Systematic Review and Meta – Analysis 2019 (The Sixth Person)**
- 25. Knowledge, attitude, practice and clinical recommendations of health care workers towards COVID-19: a systematic review in 2020 (The Third Person)**

Conference Presentations

Workshops

- **Attending in Preliminary Research Methodology Work shop on health System since June 13 th, 2011 to June 14 th, 2011.**
- **Attending in Patient safety Work shop in Zabol University of Medicine on November17 th, 2014.**
- **Attending in Communication Skills Work shop in Zabol University of Medicine on December 15 th, 2014.**
- **Attending in Infection control Work shop in Zabol University of Medicine on May 24 th, 2015.**

- **Attending in the Introductory Spss Work shop in Zabol University of Medicine on May 28 th, 2015.**
- **Attending in Writing an Essay in Zabol University of Medicine on June 28 th, 2015.**
- **Attending in Work shop on Professional Ethics for Professors in Jiroft University of Medicine on March 14 th, 2016.**
- **Attending in the advanced Spss Work shop in Zabol University of Medicine on June, 4 th, 2016.**
- **Attending in Methodology Work shop in Jiroft University of Medicine on January 24 th, 2016.**
- **Teaching Work shop of Various Kinds of Research Studies in Jiroft University of Medicine on Novamber 3th, 2017.**
- **Attending in Kerman Health Weekend Startup in Kerman University of Medicine since Novamber 26 th to 28 th, 2018.**
- **Attending in Methodology Program in in Jiroft University of Medicine on January 24 th, 2018.**
- **Attending in Professional Ethics Work shop in Nursary and Midwifery in Jiroft University of Medicine on January 29 th, 2018.**
- **Attending in on Educational Work shop of electronic research in Jiroft University of Medicine on January 31th, 2018.**

- **Attending in Conscious satisfaction in research and treatment Work shop in Golestan University of Medicine on July 9 th, 2020**
- **Attending in Ethics in publishing research works Work shop in Golestan University of Medicine on July 9 th, 2020**
- **Attending in Ethical challenges of patients education and treatment Work shop in Golestan University of Medicine on July 9 th, 2020**
- **Attending in Ethical considerations in diagnostic and therapeutic surgery in cancer patients Work shop in Golestan University of Medicine on July 9 th, 2020**
- **Attending in Scientific approach to solving ethical challenges Work shop in Golestan University of Medicine on July 10 th, 2020**
- **Attending in Organizational ethics Work shop in Golestan University of Medicine on July 10 th, 2020**
- **Attending in Student scientific ethics in research Work shop in Golestan University of Medicine on July 10 th, 2020**
- **Attending in Ethics in teaching student communication skills with a cyberspace approach Work shop in Golestan University of Medicine on July 10 th, 2020**

Research Projects

-The experiences of nurses caring of patients with corona diseases

- **Comparison of the effect of clinical evaluation based on port folio and conventional method on perception of clinical environment and level of professional socialization nursing students.**
- **Survey the Efficiency of Clinical Evaluation Process Based on Log – Book from the View points of Nursing Faculty Members and Students in Jiroft University of Medical Sciences.**
- **The Effect of dominant – based learning model on oxygen therapy skill in nurses Emamkhomaini Jiroft hospital.**
- **Investigating the causes of the gap between theoretical knowledge and clinical performance from the perspective of students of Jiroft University of Medical Sciences in 2020**
- **The effect of peer-group education and student education on level anxiety and self-efficacy of patients with Myocardial Infarction**
- **Assessing the performance of nurses in special wards based on the checklist of national standards**
- **Assessing The relationship between death anxiety and quality of life in patients with cardial infarction**

- **Evaluation of factors related to kidney stones in patients referred to Amir Al-Momenin Hospital in Zabol in 2017 – 2018**
- **The effect of rhubarb stem extract on glycosylated hemoglobin level and hypertension in type 2 diabetic patients in Zabol in 2016**

Academic and Professional Experiences

- **Head of Student Research Committee in Jiroft University of Medical Science.**
- **Head of Research Development unit in Jiroft University of Medical Science.**
- **Member of Research Council of Student`s Research Committee of Jiroft University of Medical Science.**
- **Member of the Council of Education Research and Development Center Research Committee in Jiroft University of Medical Science**
- **Head of Research in Educatin Committee in Jiroft University of Medical Science.**

Teaching Skills

- 1. Trauma unit Internship.**
- 2. Maternal and Infant Health Internship.**

- 3. Pediatric Internship.**
- 4. Pediatric Internship in Field**
- 5. Internal – Surgery Intership(2-3).**
- 6. Internal – Surgery Nursing Intership (4).**
- 7. Adult Nursing Internship (2).**
- 8. Clinical Skill Internship.**
- 9. Nusing Internship for the Elderly (1).**
- 10. Nursing Internship for the Elderly (3).**
- 11. Being Familiar with Internal and Surgical diseases and how to take care of them.**
- 12. Nursing Skills and Techniques.**

Other skills

Word, Power point, SPSS, End note, mendeley

Scientific Memberships

- Instructor of Nursing , Department of Nursing Education, Nursing and Midwifery School, Jiroft University of Medical Sciences**
- Head of Student Research Committee in Jiroft University of Medical Science.**
- Head of Research Development unit in Jiroft University of Medical Science.**
- Member of Research Council of Student`s Research Committee of Jiroft University of Medical Science.**

- **Member of the Council of Education Research and Development Center
Research Committee in Jiroft University of Medical Science**
- **Head of Research in Education Committee in Jiroft University of Medical
Science**

Awards and Achievements

- **Acquiring the First rank student among other students in Jiroft University of
Designing the G5 package for all courses of internal – surgical
Nursing.Medicine in 2016.**
- **Acquiring the First Rank of Quran`s recitation in artistic and cultural
competition in 2007.**
- **Participate in the 25 th course of Quran and Nahjalbalagheh competition in
2007.**
- **Attending in the course of Velayat Regional Plan in Kerman Prrovince in
2007.Participate in the 26 th course of Quran and Nahjalbalagheh competition
in 2008.**
- **Acquiring the Second Rank of Quran`s Reading in the 27 th period of Quran
and the teaching competition in 2009.**

- **Head of Student`s Mobilization of Jiroft University of Medical Science since 2009 to 2012.**
- **Acquiring the First Rank of Quran`s recitation in 2012.**
- **Attending in the Second Level course of Velayat Civil Plan in Ferdosi University of Mashhad in 2012.**
- **Attending in the third Level course of Velayat Civil Plan in Ferdosi University of Mashhad in 2013.**
- **Acquiring the First Rank of elite cultural student among other student of Jiroft university of Medical Science in 2016.**
- **Acquiring the First Rank of Quran`s recitation in artistic and cultural competition in 2007.**
- **Participate in the 25 th course of Quran and Nahjalbalagheh competition in 2007.**
- **Attending in the course of Velayat Regional Plan in Kerman Prrovince in 2007.**
- **Participate in the 26 th course of Quran and Nahjalbalagheh competition in 2008.**

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- **Attending in the third Level course of Velayat Civil Plan in Ferdosi University of Mashhad in 2013.**
- **Acquiring the First Rank of elite cultural student among other student of Jiroft university of Medical Science in 2016.**